

## Sizing chart

1

- Place a sheet of white paper on the floor against a straight wall.
- Stand on the paper with your heels against the wall. Make sure your heels are touching the wall. The angle of your heel will affect the length measurement.
- Stand still with equal weight on both feet.
- Draw a line in front of the longest toe on each foot. Get someone to help you, if necessary.



2

- Step off the paper and measure the distance from the edge of the paper to the line. Many people have one foot slightly bigger than the other.
- The number of mm or cm is the length of your foot.
- Next add between 10 mm / 1 cm and 15 mm / 1.5 cm to this measurement.
- Feet need room to move, and children's feet need room to grow.



3

- Check our tables to find the right size. Shoe lengths are given in millimeters. For example, a size 35 shoe is 235 mm long, meaning your foot must be 10 mm shorter, i.e. around 225 mm (22.5 cm).
- If your foot length is between two sizes, always choose the larger size.
- Viking makes shoes with different lengths, and there can be small variations in shoe length within a single shoe size. Before you buy shoes, it is therefore important that you know your exact foot length and check our tables to find the correct size.

Insole length	
Size	mm
21	132
22	139
23	146
24	153
25	161
26	167
27	174
28	180
29	187
30	193
31	200
32	206
33	213
34	220
35	226
36	232
37	239
38	246
39	253

Norwegian footwear since 1920  
**VIKING®**